

Advances in Adolescent Health in Primary Care

Friday, May 5, 2023
8 a.m. – 4:30 p.m.

Presented by CHOP Division
of Adolescent Medicine and
CHOP Primary Care

Children's Hospital of
Philadelphia • HUB for
Clinical Collaboration



LEARN MORE:
[CHOP.CLOUD-CME.COM](https://chop.cloud-cme.com)



Course Information

This conference is intended for local and regional primary care physicians, psychologists, physician assistants, nurses, nurse practitioners, social workers, dietitians, and other healthcare providers specializing in pediatrics, family medicine, internal medicine, gynecology, and psychiatry. The program's aim is to increase the overall knowledge, understanding, and competencies of multidisciplinary providers in areas of importance in the healthcare of adolescents. The learning format will be in person and will include didactic lectures with interactive question-and-answer sessions and small group breakout sessions.

General Information

The conference will be held in the HUB for Clinical Collaboration at Children's Hospital of Philadelphia. The registration fee is \$75 and includes continental breakfast, breaks, lunch, and syllabus material.

Course Objectives

1. Explain current evidence-based screening guidelines in adolescent health care and pragmatic implementation strategies in primary care
2. Increase health literacy in hot topics, such as sexual health, disordered eating, and opioid addiction
3. Review adolescent-focused physical exam techniques, including skin, abdomen, and genital components, using sensitive and trauma-informed practices
4. Demonstrate communication skills in delivering public health messages on topics related to adolescent health

ACCME Accreditation Statement

Children's Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

AMA Credit Designation Statement

Children's Hospital of Philadelphia designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Hotel Accommodations

A block of rooms has been reserved at reduced rates at the Sheraton University City, located just a few blocks from Children's Hospital. The group overnight rate is \$179 single and double occupancy plus a 16.37 percent room tax. Participants are required to make their own hotel reservations by calling the Sheraton directly at 215-387-8700. Please mention the name of the conference when making your reservation. The special room rate will be available until Tuesday, April 4, 2023. After that date, reservations will be accepted on a space and rate availability basis.



Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, The Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Friday, April 21, 2023. No refunds will be issued thereafter.

Services for People with Disabilities

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

Program | Friday, May 5, 2023

8 a.m.	Registration and Continental Breakfast
8:30 a.m.	Keynote: Maximizing Adolescent Health Outcomes Through Interdisciplinary Partnerships and Innovations in Primary Care <i>José A. Bauermeister, MPH, PhD</i>
9 a.m.	Panel Discussion: Guideline Implementation Strategies Facilitators: <i>Lisa Biggs, MD and Carol A. Ford, MD</i> <i>Julie Cousler Emig, MSW, LSW; Benjamin Fogel, MD, MPH;</i> <i>Brian Jenssen, MD, MSHP; Jennifer Keller, DNP, CPNP, PMHS;</i> <i>Rebecca Keuch, MSN, CRNP; Sarah M. Wood, MD, MSHP</i>
10 a.m.	Hot Topics in Adolescent Health: Cardiac Clearance for Sports After COVID: <i>Matthew Elias, MD</i> Updates in Gender-affirming Care: <i>Nellie Riendeau Lazar, MSN, MPH,</i> <i>CRNP-BC, AAHIVS</i> Updates in Abortion: <i>Sarah Green, MD</i>
10:45 a.m.	Break
11 a.m.	Concurrent Sessions: Practical Cases in Primary Care Sexual Health: <i>Nathalie Duroseau, DO; Lori Worthy, MSN, CRNP, CPNP-PC</i> Substance Use Disorder: <i>Deanna Wilson, MD, MPH</i> Eating Disorders in Primary Care: <i>Eleanor Benner, PsyD;</i> <i>Laura Johnston, MS, RD; Jane Nathanson, MD; Rebecka Peebles, MD</i>
Noon	Lunch
12:45 p.m.	Dermatology Unknowns in Adolescents <i>Marissa Perman, MD</i>
1:30 p.m.	GI Conundrums in Adolescents <i>Jefferson N. Brownell, MD; Jennifer Webster, DO</i>
2:15 p.m.	Top Adolescent Medicine Articles this Year <i>Alex Fiks, MD, MSCE; Brian Jenssen, MD, MSHP</i>
3 p.m.	Break
3:15 p.m.	Concurrent Sessions: Let's Get Physical Adolescent Headaches — <i>Ishani Kumar, MD</i> Puberty Variations — <i>Maria G. Vogiatzi, MD</i> Common Health Issues in Young Men — <i>Zachary McClain, MD</i>
4:15 p.m.	Closing

Course Directors

Carol Ford, MD

Chief, Craig-Dalsimer Division of Adolescent Medicine

Director, CHOP Leadership Education in Adolescent Health (LEAH)

Professor of Pediatrics

Katie Lockwood, MD, MED

Attending physician, Primary Care Network, Flourtown

*Director of Education, Primary Care Network
Associate Professor of Clinical Pediatrics*

Course Faculty

José A. Bauermeister, MPH, PhD

Albert M. Greenfield Professor of Human Relations

Chair, Department of Family and Community Health

*School of Nursing, University of Pennsylvania
Faculty Director, Eidos LGBTQ+ Health Initiative at the University of Pennsylvania*

Eleanor Benner, PsyD

*Certified Family Based Treatment Provider
Licensed Clinical Psychologist*

Lisa Biggs, MD

Vice President and Associate Chief Medical Officer, CHOP Care Network

Jefferson N. Brownell, MD

*Attending Physician, Division of Gastroenterology, Hepatology, and Nutrition
Co-director, Pancreatic Disorders Program
Assistant Professor of Pediatrics*

Nathalie Duroseau, DO

*Attending Physician
Craig-Dalsimer Division of Adolescent Medicine
Assistant Professor of Pediatrics*

Matthew Elias, MD

*Medical Director of the Pennsylvania Cardiology Satellite Operations
Co-medical Director, Cardiology Kawasaki Disease Program
Attending Cardiologist, Cardiac Center
Clinical Assistant Professor of Pediatrics*

Julie Cousler Emig, MSW, LSW

*Executive Director, Education Plus Health
PA School-Based Health Alliance*

Alex Fiks, MD, MSCE

Co-Medical Director, Pediatric Research Consortium

Director, Possibilities Project: Innovation in Pediatric Primary Care

Attending Physician, Primary Care Network, Karabots

Assistant Professor of Pediatrics

Benjamin Fogel, MD, MPH

Attending Physician and Medical Director, Penn State Pediatrics

Associate Professor, Department of Pediatrics, Penn State

Sarah Green, MD

Attending Physician, Craig-Dalsimer Division of Adolescent Medicine

Assistant Professor of Pediatrics

Brian Jenssen, MD, MSHP

Medical Director for Value-Based Care, CHOP Care Network

Faculty, PolicyLab, Center for Pediatric Clinical Effectiveness and Department of Biomedical and Health Informatics

Attending Physician, Primary Care Network, Karabots

Assistant Professor of Pediatrics

Laura Johnston, MS, RD

Clinical Dietician, Department of Clinical Nutrition

Jennifer Keller, DNP, CPNP, PMHS

Certified Pediatric Nurse Practitioner, Care Network, Pottstown

Certified Pediatric Mental Health Specialist & APP Team Lead, Primary Care Network

Rebecca Keuch, MSN, CRNP

Assistant Medical Director, Y-HEP Health Center (Philadelphia)

Ishani Kumar, MD

Pediatric Headache Fellow, Division of Neurology and Pediatric Headache Program

Nellie Riendeau Lazar, MSN, MPH, CRNP-BC, AAHIVS
Nurse Practitioner, Craig-Dalsimer Division of Adolescent Medicine

Zachary McClain, MD
*Medical Director, Wieler Health Center
The Hotchkiss School (Lakeville, Conn.)*

Jane Nathanson, MD
*Co-Director, Measey Primary Care Pathway
Attending Physician, Primary Care Network,
South Philadelphia
Clinical Assistant Professor of Pediatrics*

Rebecca Peebles, MD
*Director of Research and Quality Innovations
Craig-Dalsimer Division of Adolescent Medicine
Associate Professor of Pediatrics*

Marissa Perman, MD
*Section Chief of Dermatology
Director of the Epidermolysis Bullosa
Multidisciplinary Clinic
Attending Physician*

Maria G. Vogiatzi, MD
*Medical Director, Adrenal and Puberty Center
Attending Physician, Division of Endocrinology*

Jennifer Webster, DO
*Attending Physician, Division of
Gastroenterology, Hepatology and Nutrition
Instructor, Perelman School of Medicine*

Deanna Wilson, MD, MPH
*Assistant Professor of Family Medicine and
Community Health*

Sarah M. Wood MD, MSHP
*Assistant Director of Adolescent HIV Services
Attending Physician, Division of Adolescent
Medicine
Assistant Professor*

Lori Worthy, MSN, CRNP, CPNP-PC
*Nurse Practitioner, Primary Care Network,
Cobbs Creek*

Planning Committee

Andrea Bailer, MSN, CRNP, APN
Manager, CHOP Care Network

Daniela Brissett, MD
LEAH Fellow

Marne Castillo, MEd, PhD
Project Director of Connect to Protect

Nicole Cifra, MD, MPH, MHPed
Adolescent Medicine

Shelby Davies, MD
Adolescent Medicine

Sarah Green, MD
*Adolescent Medicine
Assistant Professor of Pediatrics*

Sunita Haas, MD, PhD
Primary Care

Tina Herrera, MD, MS
Adolescent Medicine

Melissa Hewson, MD
Primary Care

Wendy B. Ingersoll, MD
Primary Care

Scott Jelinek, MD
LEAH Fellow

Eleni Lantzouni, MD
Adolescent Medicine

Shannan MacCrone, RD, LDN
LEAH Faculty

Jennifer McDonald, DO
Primary Care

Robyn R. Miller, MD
Nemours Children Hospital (Philadelphia)

Ann O'Sullivan, PhD, CRNP Professor of
Primary Care Nursing LEAH Faculty

Jonathan Pletcher, MD
Adolescent Medicine

Sheryl A. Ryan, MD
Penn State Health/LEAH Faculty

Jennifer Stroup
Manager, Physician Outreach

Symme Trachtenberg, MSW
Director of Community Education

Krishna White, MD, MPH
Adolescent Medicine/LEAH faculty

Bryle Zickler
*Public Health Program Administrator
Pennsylvania Department of Health*

This program is supported in part by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under T71MC30798 Leadership Education in Adolescent Health (LEAH). This information or content and conclusions are those of the authors/speakers and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



©2023 The Children's Hospital of Philadelphia. 23CME0027/03-23